



The board of directors and staff cordially invite you to attend
Camp Fire West Michigan 4C
45th Annual Early Childhood Conference
Crowne Plaza – 5700 28th Street SE, Grand Rapids MI 49546
Saturday, February 9, 2019

PLAY is the Answer!

Schedule of Events

8:00 am – 4:00 pm - Exhibitors

8:00 am – 9:00 am - Registration/CEUs

9:00 am – 10:30 am - Session 1

Lunch A (10:45 am – 11:30 am) OR Session 2 (10:45 am - 12:15 pm)

Lunch B (12:30 pm – 1:15 pm) OR Session 3 (11:45 am – 1:15 pm)

1:30 – 2:30 pm - Session 4

2:45 pm – 3:45 pm - Session 5

3:45 pm – 4:00 pm - CEU sign out

Food Information

Coffee, tea, water will be available at no cost in the morning at the conference.

A plated lunch is included in your registration for the conference.

CEU Information

You may earn .5 Continuing Education Units (CEUs) through Grand Valley State University for attending this Camp Fire West MI 4C Early Childhood Conference.

Bring \$10.00 cash or check made out to Camp Fire West MI 4C to the CEU sign-in room before 9:00am on the conference day to pay for CEUs. You will also need to sign out between 3:45 – 4:00pm

You will be expected to attend five hours of training. You must attend entire workshops for a total of 5 hours in order to earn .5 CEUs.

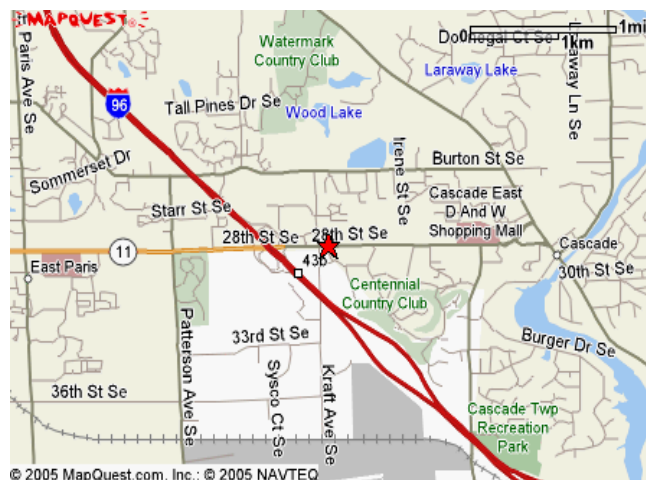
If you would like to use these training hours toward earning a CDA Credential, you will need CEUs.

CEUs are not the same as SCECHs. CEUs do not apply toward Teacher Certification with the State Board of Education.

The Crowne Plaza is located on 28th Street in Grand Rapids just east of I-96.

Make it an overnight treat. Stay at the Crowne Plaza!

If you want to stay at the Crowne Plaza on Friday, February 8, call the hotel at 616-957-1770 and make a reservation before January 11, 2019. You are responsible for making the reservation and paying room fees. Refer to the conference and the 3 letter group code "CFW" when making a reservation for a discounted rate of \$89.00.



8:00 am – 9:00 am Conference Registration

Check in to receive your name tag and bag for the conference day. If you would like to earn CEU credit for the conference, you will need to arrive and pay the \$10 fee BEFORE 9:00 am.

8:00 am – 4:00 pm Exhibitors



Session 1 - 9:00-10:30 am

1. Creating the Caring and Sharing Space

This fast-paced, totally interactive workshop is based on Dave's book, Amazing Circles. Experience activities firsthand and discuss strategies that can turn a classroom or a group from a room of individuals to one of community and respect. Warning - This is not a lecture. Come prepared to participate! Dave Kampfschulte M.Ed, Amazing Circles Workshops

2. Early Childhood Trauma and Resilience Focused Practice - FULL

Key discoveries in neuroscience have revealed a more comprehensive and sophisticated understanding of the impact of trauma on the developing brain. Trauma doesn't have to lead to negative outcomes when caregivers are able to provide the emotional and physical supports necessary to promote resilience. This workshop will introduce the Adverse Childhood Experience Study (ACEs) and ways that one caring adult can have a lifelong impact on a child's life. It could be you! Gloria Sherman, LPC, M.Ed., Parenting and Teaching with G.L.O., LLC

3. Kindergarten Competence - FULL

A 2012 Harvard Research project reports that 15% of the reason a person gets a job, and moves ahead in that job, is determined by their technical skills and knowledge. The other 85% has to do with their people skills and people knowledge! Making it in kindergarten, in school and ultimately in Life, has everything to do with emotional stability and interpersonal competence. This workshop lists 16 things that children must learn in kindergarten in order to be successful later in life. Learn what you can do in the early years to prepare them for kindergarten success. Phillip Hamberg, L.M.S.W., L.M.F.T.

4. Language Development through Play

This presentation will begin with a brief description of early childhood language development and explain how delayed language impacts reading. Attendees will participate in activities promoting phonological awareness. Sally Berry BA, Turning Pages and Nanette Clatterbuck M.Ed, Learning Differences Resource Group

5. Managing Screen Media and Technology for Healthy Development

Evidence-based information and resources for families, caregivers and educators to promote screen media management. Explore how to strengthen protective factors for healthy early development in a technology-mediated culture, and to promote and preserve child-driven play in early learning and experiences. Mindy Holohan MA, CFLE-P, Western Michigan University

6. Music and Play-Essential Partners

Come experience new songs and play with The Music Lady. We will make music together. We will improvise, we will learn, we will move and we will share. You will go away with more play ideas and smiles than you ever thought possible! Beverly Meyer, Performer/Owner, The Music Lady

7. People Principles: Who Plays On Your Team?

This fast-paced session will get you up and moving! Demonstrate what you learn about important 'people principles'. These principles, when understood, have the power to completely change the dynamic of your team and turn you into a powerfully productive and empowering group. Come find out who plays on your team and why it matters! Michelle Burkhard, Owner, BS, MA, PhD Candidate, Grow By One, LLC

8. Put on Your Chef's Hat!

This fun and interactive workshop supports child care providers to serve nutritious meals that build a basic foundation of healthy eating habits for children. Participants will make & taste a healthy (and yummy) food item, and engage in kid-friendly, food-focused activities. Topics covered include an introduction to the Child and Adult Care Food Program (CACFP), a review and exploration of nutrient-dense foods, and time to share ideas. Ann Kluting, Camp Fire West MI 4C CACFP Specialist

9. Science Time

You don't have to be a scientist to do science in your classroom. Learn how to incorporate science into all areas of the classroom. Sherry Ann Wolfer, Early Childhood Consultant, Let's Dig In

10. Simple Nature

Learn some tips and tricks for exploring nature in your indoor and outdoor areas and how to enhance nature-based play experiences. Vickie Rick, Independent Trainer, Retired Child Care Professional

11. Strategies to Grow Vocabulary: Essential Elements

This session will present the essential elements for both receptive language and expressive language abilities in order for vocabulary to develop. Strategies for facilitating growth of vocabulary will be discussed. Denise Ludwig, Ph.D., CCC-SLP, FNAP, Grand Valley State University and GVSU Graduate Students

12. Summer Learning Loss = Community Loss

Hear how the GRCM is supporting the health of the community through a preschool summer learning program, and brainstorm ways to be more playful with your group of early learners. Lauren Greer BA, Director of Education, Grand Rapids Children's Museum

13. Time Management: Tips and Tools to Get it All Done!

Participants will receive time management tips and tools to assist in their role as a business owner. Strengthen time management skills, manage goals, end procrastination and get it all done! Terese Smith, MA Business Management, Kent ISD - Great Start to Quality

Session 2 - 10:45-12:15 am You will choose one Session 2 OR 3 workshop

If you choose a Session 2 workshop, you will automatically have Lunch B 12:30-1:15 pm

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15. DISC & Communication: Play As A Team

This fast-paced, interactive session will get participants out of their seats in order to understand themselves and their coworkers better. Your personality style informs HOW you communicate. Bring your team with you and learn about each other, while having fun! Michelle Burkhard, Owner, BS, MA, PhD Candidate, Grow By One, LLC

16. Early Childhood Trauma and Resilience Focused Practice

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As conference participants approach the lunch room they will be treated to puppets and the musical talents of our very own local artist, Kevin Kammeraad. Kevin will perform before lunch A and lunch B.

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Learn some tips and tricks for exploring nature in your indoor and outdoor areas and how to enhance nature-based play experiences. Vickie Rick, Independent Trainer, Retired Child Care Professional

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Session 3 - 11:45-1:15 pm You will choose one Session 2 OR 3 workshop

If you choose a Session 3 workshop, you will automatically have Lunch A 10:45-11:30 pm

20. Leadership--Let's Do This Together

Explore a leadership model that encourages us to think differently about the way we lead, allows everyone to be a leader and involves those affected by change to be part of the decision making process. Based on the work of Cassandra O'Neil and Monica Brinkerhoff, this workshop will include work on building trusting relationships and looking at issues such as inequality, diversity, implicit bias, power, and privilege and how these issues affect leadership. Kathleen Neumann, Child Development Community Liaison, Grand Rapids Community College

21. Music and Play-Essential Partners

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22. Reading Aloud: How Important Is It, and How Can I Do It Well?

There are so many benefits to reading aloud! Explore them as you also experience read-aloud tips first hand. Multicultural books will be used as examples, and you'll learn why these and other inclusive books are important too! Stephanie Kammeraad, Educator and Founder of Mama-Lady Books

23. STEM, STEAM and 21st Century Block Play

A properly designed block center provides key a platform for: social and physical development, STEM, STEAM, and creative expression. Learn how magnetic building systems are changing block play. Jeff Whittaker MLS, President, Panelcraft

24. Summer Learning Loss = Community Loss

Hear how the GRCM is supporting the health of the community through a preschool summer learning program, and brainstorm ways to be more playful with your group of early learners. Lauren Greer BA, Director of Education, Grand Rapids Children's Museum

25. Using Materials to Support Children's Learning through Play

Children learn best through play! Discover the benefits of incorporating open ended and natural materials into the daily interactions and play based environments of infants, toddlers, and preschoolers. Whitney Saganski MA, Pedagogista, Grand Rapids Early Discovery Center

SESSIONS 4 & 5 – TWO HOUR SESSION - 1:30-3:45pm

(If you select this workshop for session 4, you must also select it for session 5)

26. Collecting Fees

Participants will learn tips and resources for collecting fees. Learning includes building relationships with your families, policies and contracts, tax records and tax-filing for your business. Terese Smith, MA Business Management, Kent ISD - Great Start to Quality

Session 4 – 1:30-2:30 pm

27. Building the "WE"

The "WE" is an important component of leadership in Early Childhood Education. Learn how to intentionally build and support a team that will produce amazing outcomes. K'Sandra Earle, BA Interdisciplinary Studies, Early Learning Neighborhood Collaborative

28. Easy Ways to Create Healthy Habits

Do your menus and playtime support children's health? Hear from providers who made simple changes to their programs to develop children's healthy habits. Leave with the resources to make changes in your own program. Christi Demitz, Extension Educator, MSU Extension and Terri Sageman, Lori Tollefson, and Kayla Wright

29. Garden to Early Childhood Food Program

This workshop encourages educators to implement a Garden to Early Childhood program in their curriculum. We will discuss the best practices of Baxter CDC; fundamentals of teaching gardening to young children, planning year-round gardening activities, and incorporating a garden-to-table element for a healthy and fresh food program. Aarie Wade, Director, and Lindsay Ball, Baxter Child Development Center

30. Literacy - the Keys to the Kingdom

As early childhood educators, we have the joy of providing children with the keys of learning through literacy. Vickie Rick, Independent Trainer, Retired Child Care Professional

31. Love to Move, Move to Learn with Zoo-phonics!

Teach your students the alphabet while at the same time they are developing their motor skills. Learn physical games that tie into language arts; including Zoo-Robics! Charmaine Erwin, Educational Consultant, Zoo-phonics Inc.

32. Making Mealtime Meaningful

Mealtimes are an important time of the day. Ideas explored in this session include: teaching and learning, literacy, math, and social-emotional skills. We will share easy recipes to make with children. Melissa Buurstra, MA in Early Childhood Education, Kent ISD

33. Making the Shift: Exploring the Looser Side of Play

Kent District Library is changing how we think about Play! Join us as we explore a different approach and see how it's inspiring a redesign of our play spaces. Dawn Heerspink BA, MA, Youth Paraprofessional and Sarah Fox BA, MLIS, Youth Librarian, Kent District Library



34. The Power of Tradition

This workshop will explore the power of family traditions. The strategies presented will be transferable to childcare sites and classrooms. The workshop will explore types of traditions, give examples of traditions and discover ways to start new traditions. Woven into this hour will be the importance of play and having fun as the glue that holds family and sites together. Anne King MA, Education Consultant

35. TEACH Scholarship 101

Learn about the degrees, endorsements, and credentials on the Early Childhood Education pathway and what career opportunities they can lead to. Find out how T.E.A.C.H. Early Childhood® Michigan scholarships can help you achieve your educational goals. Lindsay White, T.E.A.C.H. Scholarship Counselor

36. What Children Need To Thrive in an Ever Changing World - FULL

Learn ways to create environments where children can flourish. Above all else children need to know they are loved and lovable. Parents need to model that children are worthy of love, belonging and joy. Learn how character strengths can be the key to helping children develop socially and emotionally. Learn ways to teach children "soft" skills like perseverance, conscientiousness, self-control and optimism. Gloria Sherman, LPC, M.Ed., Parenting and Teaching with G.L.O., LLC

Session 5 – 2:45-3:45 pm

SESSIONS 4 & 5 – TWO HOUR SESSION - 1:30-3:45pm

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38. Creating Breastfeeding-Friendly Child Care

Child care providers have a vital role in supporting the breastfeeding relationship. Let's review proper milk handling and safety, and share practical ideas to create and implement a supportive breastfeeding environment. Jenn Seif BA, Midwife, Oak Tree Birth Services and Laurie Vance, Doula, Certified Lactation Counselor

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40. Keep Foods Appealing and Fun While Following the New Meal Patterns - FULL

Discuss the new CACFP guidelines for meals and snacks. Explore hands-on ideas and recipes for kid-friendly foods. Share ideas and tips that have worked for you. Stephanie Schenkel MPA, Child and Adult Care Food Program, and Barbara DeYoung, Camp Fire West MI 4C CACFP Specialist

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46. Provider Panel on PQA Experiences

Learn what happens at a family childcare Program Quality Assessment. Listen to home providers who have experienced the PQA. You will learn what to expect and how to prepare! Julie Van Den Brink BA, Quality Improvement Consultant, Kent ISD - Great Start to Quality

47. What Children Need To Thrive in an Ever Changing World - FULL

Learn ways to create environments where children can flourish. Above all else children need to know they are loved and lovable. Parents need to model that children are worthy of love, belonging and joy. Learn how character strengths can be the key to helping children develop socially and emotionally. Learn ways to teach children "soft" skills like perseverance, conscientiousness, self-control and optimism. Gloria Sherman, LPC, M.Ed., Parenting and Teaching with G.L.O., LLC



Exhibitors

Barefoot Books

Multicultural, diverse, and inclusive children's books and educational products for ages 0-10
www.barefootbooks.com/stephanie-kammeraad

Cooperfly Creative Arts

Children's books and educational products from local independent artist, Kevin Kammeraad
www.kevinkammeraad.com

Discount School Supply

Early Childhood Products
www.discountsschoolsupply.com

Discovery Toys

Educational toys, books, games and music
www.discoverytoys.com/kathykibby

GRCC Early Childhood Learning Laboratory

Education and Training opportunities
www.grcc.edu

Great Start to Quality Kent Resource Center

Great Start to Quality helps child care providers improve quality, and helps parents find child care
greatstarttoquality.org

It Works Global & Be Young Total Health

Health & Wellness
www.itworkswithcarlos.com

LET'S DIG IN

Science items, manipulatives, sensory items, math items, puppets, flannel board items
www.letsdigin.com

Kaplan Early Learning Company

Kaplan Early Learning Company is a leading international provider of products and services that enhance children's learning. As a leader in the field of early care and education, we bring to market innovative curricula, cutting edge assessments, teacher resource materials, and valuable professional development opportunities to early childhood and elementary school educators, caregivers, and parents around the world.
www.kaplanco.com

Panelcraft

Panelcraft magnetic building sets
www.panelcraft.com

TEACH/MiAEYC

T.E.A.C.H. Early Childhood® Michigan scholarships, MiAEYC programs and membership
www.miaeyc.org

The Music Lady Program

On Site Music, Field Trips, Family Concerts and CDs
www.beverlythemusiciady.com

Thirty-one Gifts

Purses, Totes, organizers, wallets and accessories
MyThirtyOne.com/shopwithrebecca

Usborne Books & More

Award-winning Children's Books
www.ItBeginsWithBooks.com

Zoo-phonics Inc

Zoo-phonics Kits and support materials. Teacher training available.
www.zoo-phonics.com

Registration Information

- Register early. Capacity may be reached before the deadline.
- **Fill out the registration form online:** <http://bit.ly/CF4C2019>
You will not be registered until you have filled out the online registration form AND paid. If you do not have internet access, leave a message with your name and phone number at @ 616-451-8281 **x220**. Someone will call you within 3 days to help you register over the phone.
- **Free for Camp Fire West Michigan 4C CACFP Participants!** Fees for non-CFWM4C CACFP Participants are below and listed on the online registration form.
- Registration includes 5 hours of training, morning beverages, lunch and a resource bag.
- **Sessions fill up quickly!** Register and pay early to get your first choices.
- There are **no refunds** due to prior cancellations, withdrawals or no shows.
- When you fill out the online registration form, you will receive an email confirmation within 10 business days after payment is received by Camp Fire West Michigan 4C. If you do not choose workshop preferences, we will assign you to sessions that have openings. You will be given session information on the day of the conference.
- This conference is about children, not for them. It is for adults only, with the exception of breastfeeding, non-mobile infants.
- Groups may register together and receive a discount on their fees. Students who register as part of a group must pay the group rate. A separate online registration form for each person in the group must be submitted. Groups will need to submit registration forms online on the same day. The group will not be registered until payment is received by Camp Fire West Michigan 4C. You may send one or more checks to cover the cost.

5-9 people in group: \$65.00 each

10+ people in group: \$60.00 each

- **To pay:** First make sure that the online registration form is complete.

Then, send your **non-refundable** check or money order payable to *Camp Fire West Michigan 4C* to:

Camp Fire West Michigan 4C
Attn: Conference Registration
233 East Fulton, Suite 107
Grand Rapids, MI 49503

Registration Fees

- Camp Fire West Michigan 4C Child & Adult Care Food Program Participant (CACFP) Free
*Spouses and assistants of a CACFP Participant must register and pay the regular price.
- Regular \$70.00
- Group Rate –
5-9 people = \$65.00 each person 10+ people = \$60.00 each person
- Student fee \$60.00

