



# Training Schedule

## June -September 2020

Check our website **OFTEN** for updates to our class schedule [www.campfirewestmi.org](http://www.campfirewestmi.org)  
Click on the “Training” tab and then “Classes”.

### All Camp Fire West Michigan 4C classes meet training requirements for ...

- MI State Child Care Licensing
- Great Start QRIS / MiRegistry
- CDA credential
- Accreditation through NAEYC or NAFCC
- Tier 2 training for DHS Subsidized Unlicensed Providers
- MiSAYD Credential

**Great Start to Quality Core Knowledge Areas** – Each class has a code telling which GSQ areas the class addresses.

- CD&L**=Child Development and Learning
- HSN**=Health, Safety, and Nutrition
- PM**= Program Management
- TL**=Teaching and Learning
- IG**=Interactions and Guidance
- Prof**=Professionalism
- F&CC**=Family and Community Collaboration
- ODA**=Observing, Documentation, and Assessment
- IT**= Infant/Toddler
- Div**=Cultural Diversity
- SA**=School Age

### MI Registry

If you would like your training completion added to the MI Registry, please email [Barbd@campfirewestmi4c.org](mailto:Barbd@campfirewestmi4c.org) with your “registry ID” number. If you do not have a Registry ID number, you can create a free account at [www.miregistry.org](http://www.miregistry.org). This account will keep track of the training that you attend. Camp Fire West MI 4C will report class completions on the last day of each month.

### To Sign Up for a Camp Fire West Michigan 4C Class

- Register and make a nonrefundable payment by credit card at our secure online payment site <https://shop.4cchildcare.org/>. This site also lists all of our current classes. We accept Visa, MasterCard and Discover or call the office (616) 451-8281 extension **232**.
- If paying by check, money order or Camp Fire West Michigan 4C *CACFP vouchers and/or perfect menu certificates* write your name, address, phone number, email address, class title and dates on the form at the end of this class list and send it with your nonrefundable payment to:
  - Camp Fire West Michigan 4C
  - Class Registration
  - 233 East Fulton St Ste 107
  - Grand Rapids Michigan 49503-3262

## CPR & First Aid Classes

This class covers American Heart Association child, infant and adult CPR, and AED, and First Aid for medical, injury, and environmental emergencies. This class meets Michigan Child Care Licensing requirements. Upon successful completion participants receive an AHA certification card that expires in two years.

**Two Options are available:**

**All-Classroom option** cost is \$90.00. **Saturday September 26, 2020**; 8:30am – 2:30pm

**Hybrid option** cost is \$100.00. This class has two parts.

**Part 1:** First complete Heartsaver® Pediatric First Aid, Adult, Child and Infant CPR AED Online Course (AHA Product Number 15-1404). Go to <https://shopcpr.heart.org/heart saver-pediatric-first-aid-cpr-aed-online> and pay \$20.00.

**Part 2:** Once the online course is completed, you can register for an in-person session. Participants must email a copy of their online completion certificate **prior to class and before** they will be scheduled for the in-person session. Email the certificate to [annk@campfirewestmi4c.org](mailto:annk@campfirewestmi4c.org). Then go to <https://shop.4cchildcare.org/ProductDetails.asp?ProductCode=SST%2D1> and pay \$80.00 for the AHA instructor led in-person session. This session can be completed in 45-90 minutes. Upon successful completion of the in-person session, an AHA CPR and FA card will be issued.

*CACFP Providers may use CACFP training Vouchers to defray cost of classes. Remember – 2 Perfect Menu Certificates equal one \$5.00 training voucher. Expired Certificates or Vouchers will not be accepted. Call your CACFP specialist if you have questions.*

### Online – On the internet

To Register and Pay Online, Visit <https://shop.4cchildcare.org>

Take these classes online any time. You must complete the class within one month from the date you register. You'll need an email address and internet access. Your username and password will be emailed usually within 1-2 business days we receive payment and registration.

1.5 hour Titles	Cost is \$15.00 & Description
Updated - Preventing and Controlling Disease, and Immunizations (updated Bloodborne Pathogens Class)	Learn how to minimize the spread of infectious disease by implementing effective ways to assure the health and safety of children and caregivers. This class covers bloodborne pathogens, practices to reduce illness, use of universal precautions, and immunizations. This class meets the licensing requirement. Licensing only requires this to be completed once. HSN

**2-hour Online Classes** - Each 2- hour online class costs \$25.00.

**Camp Fire West Michigan 4C CACFP participants** receive a discount for 2-hour online classes. CACFP participants can send a check for \$15 or send their CACFP Vouchers, Perfect Menu Certificates and check equaling **\$15.00** to pay for one 2 -hour class. (Send your Vouchers and PMCs, and/or check in the mail, drop-off at the office or give to your CACFP Specialist.) Remember that 2 PMCs are equal to one \$5.00 CACFP Voucher.

2 hour Class Titles	Description
<b>NEW – Play is the Answer!</b>	As Early Childhood Professionals we know play is important. In this class we will explore why play is critical, and develop some strategies to make it happen for young children.
ADHD Basics	Are you caring for a child who has ADHD? Gain a basic understanding of what ADHD is, the causes, and how it is diagnosed. Discover ways to support a child as s/he begins to develop self-control over some typical behavioral challenges. CD&L, TL
Ages & Stage Questionnaire (ASQ)	Learn how and why to use the Ages and Stages Questionnaire (ASQ), a developmental screening tool, in your child care program. Educate and support parents as they learn about their child and how he/she develops. CD&L, ODA

All About Whole Grains	This class explores the health benefits, types, and ways to include more whole grains in a daily diet. Explore fun ways to encourage children's enjoyment of and learning about whole grains in developmentally appropriate ways.
Biting Prevention	Sometimes children bite! Learn what is behind this behavior and how you can best manage it. HSN
Brown Bear and Beyond...	Explore ways to bring the words and art of Eric Carle alive in your program! During this class, you will need to do some activities with children. You may not be able to complete the class in one sitting over the weekend. CD&L, TL
Caring for a Child with Autism	This class is designed to help you care for a child you suspect has or who has already been diagnosed with Autism or Asperger Syndrome or something else on the Autism Spectrum of Disorders (ASD). CD&L
Child Abuse & Neglect Prevention	Review the signs of abuse and neglect, the effects on children, and what can be done to help prevent abuse and neglect. Gain information about child care workers' responsibilities to report suspected abuse and neglect. HSN, PM, F&CC
Diversity	This class will help you embrace diversity and become more culturally competent. This class will also give you ideas that support and help you to implement diversity in your programs and homes with young children. Div
Healthy Sexual Development	Explore normal sexual development in children. Learn how to talk to parents about embarrassing situations. Policies and procedures will also be covered.
Learning in Motion	Learn several fun and easy ideas that also help children learn skills they need to be ready for school and that help keep their bodies physically fit. The importance of helping children develop motor and movement skills will also be reviewed. HSN
Mad Feelings	How can we help children understand and handle their feelings of anger? Discover ways to teach children this important self-control skill. TL
Music in Child Care	Learn why music is such an important teaching tool and gain some strategies for using it every day. During this class, you will need to do some activities with children. You may not be able to complete the class in one sitting over the weekend. TL
No Fuss Feeding	Learn the science behind why some children are picky eaters and discover ways you can help picky eaters. This class also covers nutrition tips and tricks and ways to make mealtime a more pleasant experience. HSN
<b>2 hour Class Titles (continued)</b>	<b>Description</b>
Oral Health	Ensure lifetime of healthy teeth! Discover ways to support and promote oral health in child care. This class will help you implement a tooth brush routine, explore activities and behaviors that promote oral health and prevent tooth decay for all ages, and identify ways you can partner with parents about the importance of oral health. HSN, TL
Piggy Banks and Preschoolers	Learn how to grow children's math knowledge about money and economics. These are big words and big concepts, but children can learn them in playful and age appropriate ways. Review money and economic skills of young children that help them be ready for kindergarten and life. TL and ODA
Ready to Read	Learn about early literacy and how to foster it. You will also learn about engaging and fun activities that will help children be ready to learn to read when they start school. This class reviews literacy milestones, red flags and kindergarten readiness skills. CDL, TL
Safe Sleep to Prevent Infant Deaths & SBS Prevention	This class covers important information about preventing infant death. Learn specific behaviors, strategies and resources that prevent infant death and Shaken Baby Syndrome (SBS). Tips to soothe a crying infant are also covered. HSN
Sensory Science	Learn ways to promote early science opportunities through hands-on fun, which encourage scientific process skills such as observing, measuring, experimenting and predicting. Discover ideas to support positive attitudes toward science, and form foundation for more complex understandings about the world. TL
Stress Busters	When you identify and reduce stress in <u>your</u> life, then you will be able to help prevent stress in your child care program. IG, Prof
Supporting Children's Mental Health	Learn about fostering emotional, social and behavioral health. Learn ways to build children's social-emotional and self-regulation skills. Also covered is the importance of primary caregivers and parents' attachment/relationships. CD&L, TL
Teaching About Death and Dying & Responding to Grief	The goal of the class is to promote an understanding of and dialogue with young children about ideas, concerns and questions regarding death and dying. It also reviews how children may react and ways to help children experiencing grief. TL, IG
Teaching Children to Solve Problems	Learn effective strategies for solving conflict. Teach and empower children to use this technique and reduce troublesome behavior. IG
Toilet Learning 101	Learn to recognize the signs of readiness, to develop techniques for helping the child be successful, and to work with parents on this important developmental milestone. TL

Transitions 101	In this class learn how to make transitions, schedules and routines work better for children and you! Learn basic guidelines for setting up the day and tips to help children move from one activity to another. Review steps to create a system that minimizes challenging behavior and teaches skills at transition times. CD&L, TL and IG
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4 hours each \$40.00 each	Leading with Influence: the Chocolate Series Online
Class 1 Dark Chocolate: Self Awareness, Skill Assessment and Action Plan	This online training will guide participants to define the difference between leadership and management. Participants will assess personal leadership skills and supervisory competencies. Participants will explore personal values related to leadership and develop an action plan for their own professional development.
Class 2 Bittersweet Chocolate: Managing Relationships	-Self-assess the five areas of emotional intelligence: self-awareness, self-regulation, motivation, empathy, and social skills. Identify practical strategies for increasing competency in each area of emotional intelligence. -Describe the four temperament personality types of idealist, rational, guardian, and artisan including the strengths and challenges for each. Demonstrate effective communication strategies across the four temperament patterns.
Class 3 Milk Chocolate: Collaborating and Cooperating	-Identify a preferred approach to leading change and guiding transition. Develop and operationalize collaboration strategies. Identify group decision making best practices. Demonstrate effective ways to give and receive feedback.
Class 4 Chocolate with Almonds: Supervising	-Identify the challenges of moving from peer to supervisor. Identify a preferred approach to supervision -Establish accountability with expectations and standards of performance. Demonstrate how to give effective feedback. Build a plan to improve employee engagement.
Class 5 Chocolate with Crunch: Coaching, Conflicts and Kudos	-Define and demonstrate the process and skills of coaching. Develop strategies for using conflict as opportunity. Describe strategies for affirmation and appreciation.

## Correspondence

**Through email:** You will be reading and writing. Assignment pages can also be mailed.

To Register and Pay Online Visit <https://shop.4cchildcare.org>

**15-hour Correspondence Classes:** Register for classes beginning **July 13 – Sept. 28, 2020**. Each class costs \$235.00 and includes 1.5 CEU's. Payment plans are available. Contact [Annk@campfirewestmi4c.org](mailto:Annk@campfirewestmi4c.org) for details. **Licensing requires the CEU Certificates from GVSU. CEU Certificates are mailed from GVSU 2-3 weeks after the class end date.**

Class Title	Description
Early Childhood Program Administration Part 1	This class guides child care center directors in their administrative work. We look at the foundation of an effective program, personnel, and daily operations. This class will meet licensing requirements for center directors. This class can also be taken online. PM, Prof
Early Childhood Program Administration Part 2	Participants must have completed ECP Admin 1 before taking ECP Admin 2 Learn about the business and financial management of a program, partnering with families, and professionalism. This class will meet licensing requirements for center directors. This class can also be taken online. PM, Prof, F&CC
Infant Toddler Care Part 1 - The Foundation of Care	This is a class for people who want to be lead teachers in an infant toddler room or who care for infants and toddlers in a home. Explore what makes a good infant toddler program. Discover how children grow and develop birth to 3 years old. CD&L, IT, PM, Prof <i>If you are interested in earning a CDA Credential, please see page 6, the CDA 120+ class that also offers 4.5 CEUs in infant and toddler. Contact <a href="mailto:Tonyac@campfirewestmi4c.org">Tonyac@campfirewestmi4c.org</a> for more information.</i>
Infant Toddler Care Part 2 - The Environment and People	Explore the components of a good place for infants, toddlers and adults. Learn strategies to effectively work as a team with parents. This class can be taken after Infant Toddler Care Part 1 or Infant Toddler Part A or Infant Toddler Foundations. CD&L, IT, TL, F&CC, Div
Infant Toddler Care Part 3 – Guidance and Learning	Learn effective methods of guiding infant and toddler behavior. Explore teaching methods and learning development of very young children. This class can be taken after Infant Toddler Care Part 1 or Infant Toddler Part A or Infant Toddler Foundations. CD&L, IT, TL, HSN, Div

**5-hour Correspondence:** Take these classes through at any time. You must complete the class within one month of registering to receive credit. **Each class cost \$45.00 and offers .5 CEUs for an additional (optional) fee of \$10.00.**

5 hour Class Titles	Description
Arithmetic Adventures	The best way for young children to learn math is in a playful and informal way! Discover a variety of math activities to build the skills children need to be ready to learn more advanced math when they start school. CD&L, TL
Every Child is Intelligent	We <u>are</u> all smart! Learn to recognize and support the natural intelligence of all your children (and yourself.) CD&L, TL
Let's Move Child Care	You can make a difference! Discover how you can impact a child's lifetime health, just by helping develop good habits in eating and exercise. Five Goals for a Healthier Future, including information about how to support breastfeeding in your child care program. CD&L, TL, HSN
Playful Literacy and You!	Literacy is so much more than reciting the ABC's. Discover all the pieces of literacy and explore activities that you can use with children birth through age five. CD&L, TL
Simple Science	What does science for preschoolers look like? Do you have to know a lot? Discover simple and effective ways to introduce young children to science topics. CD&L, TL
Supporting Diversity in Child Care Programs	Find out how to help the children in your care find their roots, grow wings, and take flight. Multi cultural activities will be shared. CD&L, TL, Div
Introduction to Child Development –	An introduction to current developmental theories and brain development. CD&L
Child Observations – How?	Learn how to observe and document observations of children in a classroom setting. ODA
Developing Empathy in Early Childhood	Explore the development of empathy with infants, toddlers and preschoolers. Discover strategies for increasing empathy skills and helping young children form friendships.

### Other Correspondence Classes:

#### Food Reminders Online & Home Study - 1 hour Free Class

Test your knowledge about the new CACFP Meal Pattern and meal requirements. This class is for **currently participating Camp Fire West Michigan 4C Child and Adult Care Food Program providers and assistants**. Use the Food Reminders and other resources from the CACFP to complete this class online. Contact your CACFP Specialist for the link.

#### Benchmarks & Books – Two Bite Club 1 hour class

Using the Two Bite Club book, this class provides fun and engaging ways to help children learn important nutrition and feeding skills and explore of a variety of foods. This class costs \$10 if you pick it up or \$13 if mailed to you.

#### Benchmarks & Books – Too Much Junk Food 1 hour class

Using a book and resources learn everyday ways to support healthy diets and experiences to reinforce new ideas about nutrition. Class is \$10 and is **only available to Camp Fire West Michigan 4C Food Program participants**.

#### Benchmarks & Books – The Very Hungry Caterpillar

Based on *The Very Hungry Caterpillar* book (not provided), this class provides fun and engaging ways to help children learn important nutrition and feeding skills and explore a variety of foods. This class costs \$10.

#### Nutrition and Wellness Tips for Young Children - 1 hour Free Class

This class is 1-hour of wellness training for **currently participating Camp Fire West Michigan 4C Child and Adult Care Food Program providers**. Participants of this class use the Nutrition and Wellness Tips for Young Children Handbook.

#### Benchmarks & Books – Encouraging Healthful Foods 1 hour Free Class

This class is available to Camp Fire West Michigan 4C Food Program participants. Using the *I Will Never Not Ever Eat a Tomato* book and resources students will learn positive and effective ways to encourage children trying healthy foods and fun ways to reinforce nutrition lessons with young children. Class is \$10 for assistants.

#### NEW! Circus Acts – Lessons for Life 1 hour Free Class

We are excited to offer this 1-hour training using the Circus Acts Nutrition Calendar from the National CACFP Sponsors Association! How this class works: Grab your Circus Acts Nutrition Calendar to complete the quiz. This resource was brought to you during the 1st trimester visits. **Only available to Camp Fire West Michigan 4C Food Program participants.**

## Want to take the 120 hours of CDA training? To Register and Pay Online Visit <https://shop.4cchildcare.org>

### **CDA 120+ Class (two options available)**

#### **\*\*\*Option 1 - CDA 120+ Hybrid** (Classroom plus homework)

There is no date set for the next Hybrid CDA Class. We can put you on a waiting list if you email [annk@campfirewestmi4c.org](mailto:annk@campfirewestmi4c.org) or [tonyac@campfirewestmi4c.org](mailto:tonyac@campfirewestmi4c.org).

We are still offering the Correspondence CDA class; go to this link to learn more or see Option 2 below <https://shop.4cchildcare.org/ProductDetails.asp?ProductCode=CDA120>

**The Hybrid classes meet regularly with assigned homework between classes.**

**Class Location: Camp Fire 4C office: 233 E. Fulton, Grand Rapids Suite 107**

Cost is \$550.00 + additional cost for required textbooks (see below).

#### **\*\*\*Option 2 - CDA 120+ Correspondence** (through the mail or via email)

This class is available anytime. Participants have up to one year to complete the class.

Cost of class is \$650.00 + additional cost for required textbooks (see below). Register and pay for this class at <https://shop.4cchildcare.org/ProductDetails.asp?ProductCode=CDA120>

Upon Completion of the CDA 120+ class student will have:

- Documentation of 120 hours completed
- 6 Competency Statements written and
- All Resource Collection items for the Professional Portfolio.

Required books are an additional cost. Visit the council for pricing.

1. CDA Essentials for Working with Young Children textbook
2. CDA Essentials for Working with Young Children workbook
3. CDA Competency Standards book (Family Child Care or Infant Toddler or Preschool)

These books are an integral part of the training. They are current and reflect up-to-date research and emerging trends in early childhood. To purchase the books go to the CDA Council Bookstore [Council Online Store](#)

*The cost of these classes does not include the formal application/assessment fee paid to the CDA Council. The TEACH scholarship may be able to help with this fee. Visit <https://www.miaeyc.org/professional-development/t-e-a-c-h-scholarships/scholarship-information/cda-assessment-scholarship/> for more information.*

**\*\*\*Students choose one setting for this class based on the setting they work.**

1. Preschool (Center-Based) or
  2. Infant/Toddler (Center-Based) this option includes the 4.5 CEUs in infant and toddler.
- or
3. Family Child Care (Home-Based)

Thinking about earning a **CDA Credential**?  
Let us help you navigate this process! Check out our CDA classes.

To Register and Pay Online Visit <https://shop.4cchildcare.org>

**CDA Credential Review/Class** - During this class with one of our Education Specialists you will:

- Get an overview of what the CDA is and how you can earn it
- Bring all your previous training transcripts and certificates and we will help you make a plan
- Get a binder and template to use for your training documentation and Professional Portfolio

Cost: \$25.00. Contact [Annk@campfirewestmi4c.org](mailto:Annk@campfirewestmi4c.org) or 616-451-8281 x232 with questions.

**CDA Professional Portfolio class** – This class is for those already working toward their CDA Credential and need help preparing a Professional Portfolio. This hands-on class helps to build your Professional Portfolio. Come learn and begin compiling the required resources, sample materials, competency statements, the nine learning experiences, parent questionnaires, and more! Bring your Competency Standards book and training certificates and transcripts completed. Prof

Cost is \$35.00. Contact [Annk@campfirewestmi4c.org](mailto:Annk@campfirewestmi4c.org) if you are interested in this class.

**Camp Fire West Michigan 4C 47<sup>th</sup> Annual Early Childhood Conference**

**More details coming soon about the 2021 event!**

**Class Policies:**

- Registrations are taken on a first-come, first-served basis.
- Students must pre-register and prepay a minimum of **one week** before each class.
- There are no refunds due to prior cancellations, withdrawals or no shows.
- Camp Fire West Michigan 4C does not provide child care for our classes as children are not permitted to attend.
- Camp Fire West Michigan 4C may cancel a class due to weather. Call 616-451-8281 x 231 to find out about **class cancellations due to weather**.
- Camp Fire West Michigan 4C may cancel a class due to low registration. If this happens, registrants will be called and may register for another workshop or receive a refund. Refunds for credit card payments are by check.
- Certificates are only given upon class completion.
- Students completing classes approved by the KRC (Great Start to Quality Kent Resource Center) will have class completion information updated on their MiRegistry Profile.

**To Sign Up for a Camp Fire West Michigan 4C Class**

To Register and Pay Online Visit <https://shop.4cchildcare.org> or call the office (616) 451-8281 x232 to pay by credit card. We accept Visa, MasterCard and Discover.

If paying by check, money order, or Camp Fire West Michigan 4C CACFP vouchers, fill out the form below and send it with your nonrefundable payment to:

Camp Fire West Michigan 4C  
Class Registration  
233 East Fulton St Ste 107  
Grand Rapids Michigan 49503-3262

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**CAMP FIRE WEST MICHIGAN 4C TRAINING REGISTRATION FORM**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: MI Zip Code: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_ County \_\_\_\_\_

License # of Program or Worksite: \_\_\_\_\_

Class Title: \_\_\_\_\_

Class Dates: \_\_\_\_\_

How did you hear about our training? \_\_\_\_\_